

School Holiday Programme – April 2019

Monday 15th

Tuesday 16th

Wednesday 17th

Thursday 18th

Friday 19th



KinderGym
Under 5s
9:30



Gymnastics
5 – 12 years
9:30



Indoor Archery Tag
8+ years
9:30, 11:00, 12:30



Gymnastics
5 – 12 years
9:30

CLOSED – GOOD FRIDAY



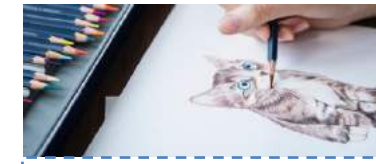
Tumbling
5 – 12 years
10:30



Netball Clinic
5 – 9 years 12:00-1:00
10+ years 1:30-2:30



Chess Coaching & Games
All ages
11:30-2:00



Drawing Live Animals
5 – 9 years 10:00
10+ years 11:30



Trampoline
5 – 9 years 1:30
10+ years 2:30



Krav Maga – Self Defence
5-8 yrs - 3.45 9-12 yrs 4.30
13+ years 5.30 – 7.00



Indoor Rock Climbing
All ages
2:00 - 4:00



Indoor Rock Climbing
All ages
2:00 - 4:00

School Holiday Programme – April 2019

Monday 22nd

Tuesday 23rd

Wednesday 24th

Thursday 25th

Friday 26th

CLOSED – EASTER MONDAY



Gymnastics
 5 – 12 years
 9:30



Hip Hop Dance
 5 – 9 years 10:30
 10+ years 11:30

CLOSED - ANZAC DAY



Indoor Archery Tag
 8+ years
 9:30, 11:00, 12:30



Drawing Mythical Creatures
 5 – 9 years 10:00
 10+ years 11:30



Archery @ Trevallyn
 8+ years
 11:00



Performing Shakespeare
 10+ years
 10:00 – 1:00



Krav Maga – Self Defence
 5-8 yrs - 3.45 9-12 yrs 4.30
 13+ years 5.30 – 7.00



Indoor Rock Climbing
 All ages
 2:00 - 4:00



Acting for Screen
 10+ years
 2:00 - 5:00



School Holiday Programme – April 2019

TO BOOK: visit www.trybooking.com.au and search for *Launceston PCYC April Holidays*.
or visit email info@pcyclaunceston.org.au for a booking form.

KinderGym - Monday 15th April - 9:30 – 10:15 – Under 5 years - \$10

KinderGym provides a fantastic opportunity for children and parents to play and learn together; developing gross and fine motor skills, building confidence, and learning through play.

Tumbling - Monday 15th April – 10:30 – 11:30 - 5 – 12 years - \$10

Tumbling is a fast-paced acrobatic sport that combines gymnastics and trampolining skills down a 25-meter air floor. This introductory class develops strength, agility, coordination, flexibility and motor skills and most of all, it's fun!

Trampolining - Monday 15th April – 1:30 – 2:30 - 5 – 9 years & 2:30 – 3:30 - 10+ years - \$10

Trampolining is a great way to develop strength, agility, coordination, flexibility and motor skills while having fun and making new friends. Learn aerial awareness and trampoline safety on our super bouncy professional trampolines.

Gymnastics - Tuesday 16, 23 & Thursday 18 April – 9:30 - 10:30 - 5 – 12 years - \$10

Whether this is your first time or you're a seasoned gymnast, every student will have the opportunity to learn new skills or hone existing ones including handstands, cartwheels, balance, jumps and rolls.

Netball Clinic – Tuesday 16 April – 12.00 5-9 years, 1.30 10+ years - \$10

SEDA graduate, Coach Cameron Martin will lead our young talent through a series of drills, training and age specific clinics. Clinics will be mixed and provide a great grounding in this exciting sport.

Krav Maga – Self Defence – Tuesday 16, 23 April - 5-8 yrs - 3.45 \$10, 9-12 yrs 4.30 \$10, 13+ years 5.30 – 7.00 \$12

Get your kids involved in self-defence and anti-bully training. Krav Maga's practical and no-nonsense approach to problem solving makes it the best martial arts/self defence program for building confidence in children.

Indoor Archery Tag – Wednesday 17, Thursday 24 April @ 9.30, 11:00 & 12:30 (8+ years)– \$10

What happens when you combine Archery and Dodgeball? You get Arrow Tag! With just a foam-tipped arrow and one of our bows and mask, you can immerse yourself in an epic battle, two teams - six a side.

Chess Coaching & Games – Wednesday 17 April – 11:30-2:00 (all ages) - \$5

Whether you have never played before, a novice or experienced player, join PCYC Chess coaching to improve your game and take your strategy to the next level. No one is too young or too old! All ages and abilities welcome.

Indoor Rock Climbing – Wednesday 17, 24 & Thursday 18 April – 2:00 - 4:00 – all ages - \$10

Come and challenge yourself on our indoor, 8m high climbing wall.

Drawing Live Animals – Thursday 18 April @ 10:00am – 11:00am 5-9 years & 11:30am – 12:30pm 10+ - \$10

Expand your talents and skills with local artist Amelia Hickey to capture the essence of life drawing.

Drawing Mythical Creatures – Tuesday 23 April @ 10:00am – 11:00am 5-9 years & 11:30am – 12:30pm 10+ - \$10

Dragon, Unicorns, Bigfoot or a Cyclops. Whatever your interest, learn how to capture the soul of your creations.

Hip Hop Dance – Wednesday 24 April – 5-9 years 10:30 & 10+ years 11:30 - \$10

One, two, three, four, get on the dance floor! Learn to groove like a pro!

Archery at Paringa Trevallyn – Wednesday 24 April – 11:00am-12:30pm – 7+ years - \$15

Master the art of Archery in the stunning Trevallyn Reserve, Paringa Archery Range.

Performing Shakespeare – Friday 26 April – 10.00-1.00 – 10+ years \$15

Work alongside New York trained actor and voice coach, Jimmy Harrison, fresh from teaching Shakespeare at the Western Australian Academy of Performing Arts to explore the wonderful words and worlds of William Shakespeare.

Acting for Screen – Friday 26 April – 2:00pm – 5:00pm – 10+ years - \$15

Locally trained Screen and Media director Alyd Taylor, and Sydney trained actor Michael Mason will lead you on a discovery of the hidden secrets of acting for TV and film.