

2017/18 ANNUAL REPORT



pcyclaunceston.org.au

ABN 43 436 232 673

From the Club Manager

It is with great pleasure that I assumed the role of Club Manager in February this year. Change of management brings challenges and opportunities for staff and volunteers alike as we forge a new future together. Assessment of past and present actions and procedures allows for future planning and growth. In particular, changes in financial and human resource management have assisted in improving the financial situation and long term viability of the Club.



With a new emphasis on providing varied programmes to engage youth at risk, Launceston PCYC continues to expand its reach across Greater Launceston. With thanks to the Merridew Foundation, we were able to develop a new programme, *ASCENT*, working with teenage women from Queechy High School. With the assistance of WD Booth and the Federal Government, Launceston PCYC delivered Booyah as part of the Tasmanian Association PCYC roll out. The VOS Foundation enabled improvements to the entrance foyer and the Tasmanian Government Community Sport and Recreation funded new equipment in our weights gym.

Since commencement, I have undertaken comprehensive consultations across stakeholders and members to aid the development of the Strategic Plan, which was implemented 1 July 2018. This Plan will form the basis for the coming five years and we look forward to continue building a safer, healthier community for all people.

Bec Reedman

President's Message

Over the past year Launceston PCYC has undergone a period of transition. The club has seen a change of President and Club Manager as well as other administration staff changes.

Denis Penny as past President guided the club through some major changes and I would like to thank him for his enthusiasm and commitment. Similarly Kath, as Club Manager introduced an energy and commitment that saw the Club through a number of hurdles.



I would like to take the opportunity to thank the Co-ordinators and staff who kept the club running whilst we were without some of our key personnel. Their dedication was greatly appreciated.

Over the past few months it has been our aim to ensure that the Club is on a sound financial footing. To achieve this we have been going through a process of consolidation. That has meant that some projects have had to be shelved. The priority has been to get our house in order and to ensure we have a strong financial base from which to move the Club forward.

At the beginning of the year we welcomed Bec Reedman as our new Club Manager. Bec has brought a new prospective and energy to the Club. I am looking forward to the Board working closely with Bec to continue to steer the Club in a positive direction and towards a successful future, building on what the Club has to offer. Strengthening our relationship with our various stakeholders and to continue to support programs that assist Youth at Risk and being able to offer other community focussed programs to a broader range of groups.

The Strategic Plan that Bec has developed for the Club, along with the new programs will help to build on what the Club is already achieving and will assist in strengthening our relationships with other major stakeholders such as Tasmanian Police and the wider community.

As we look to the year ahead I encourage more of our members to engage with the Board and join with us in helping to shape the future of Launceston PCYC.

Jon Erwin

Board of Management - Members



President

Jon Erwin

Bachelor of Business
Master of Business



Treasurer

Carmel de Bruyn



Commissioner's Representative

Inspector Ruth Orr



Life Governor

Eve Thorpe

Ba. App. Sc., Nursing
M. Soc. Sc., Administration



Lara Von Stieglitz

Bachelor of Political
Science/History
Masters of International
Relations



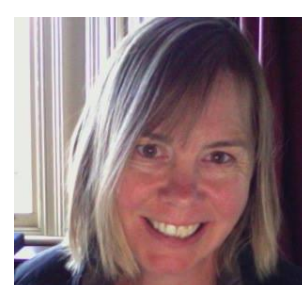
Hannah Phillips

Bachelor of Laws
Bachelor of Arts
Grad Dip of Legal Practice



Rachel Galvin

Bachelor of Social Work



Shelley Ridgway

Bachelor of Arts - Social
Sciences
Grad Dip in Publishing and
Editing



Liam Duthoit

Bachelor of Social Work

Governance and Our Business

Governance

Launceston Police and Community Youth Club Inc is the registered name. Launceston PCYC is a constitutional member-based incorporated association overseen by the Board of Management. The Club Manager, employed by the Board, manages the operational aspects of the organisation, reporting to the Board on a monthly basis.

Vision

Launceston's leading youth organisation partnering Police and community to inspire, empower and engage young people to recognise and reach their potential.

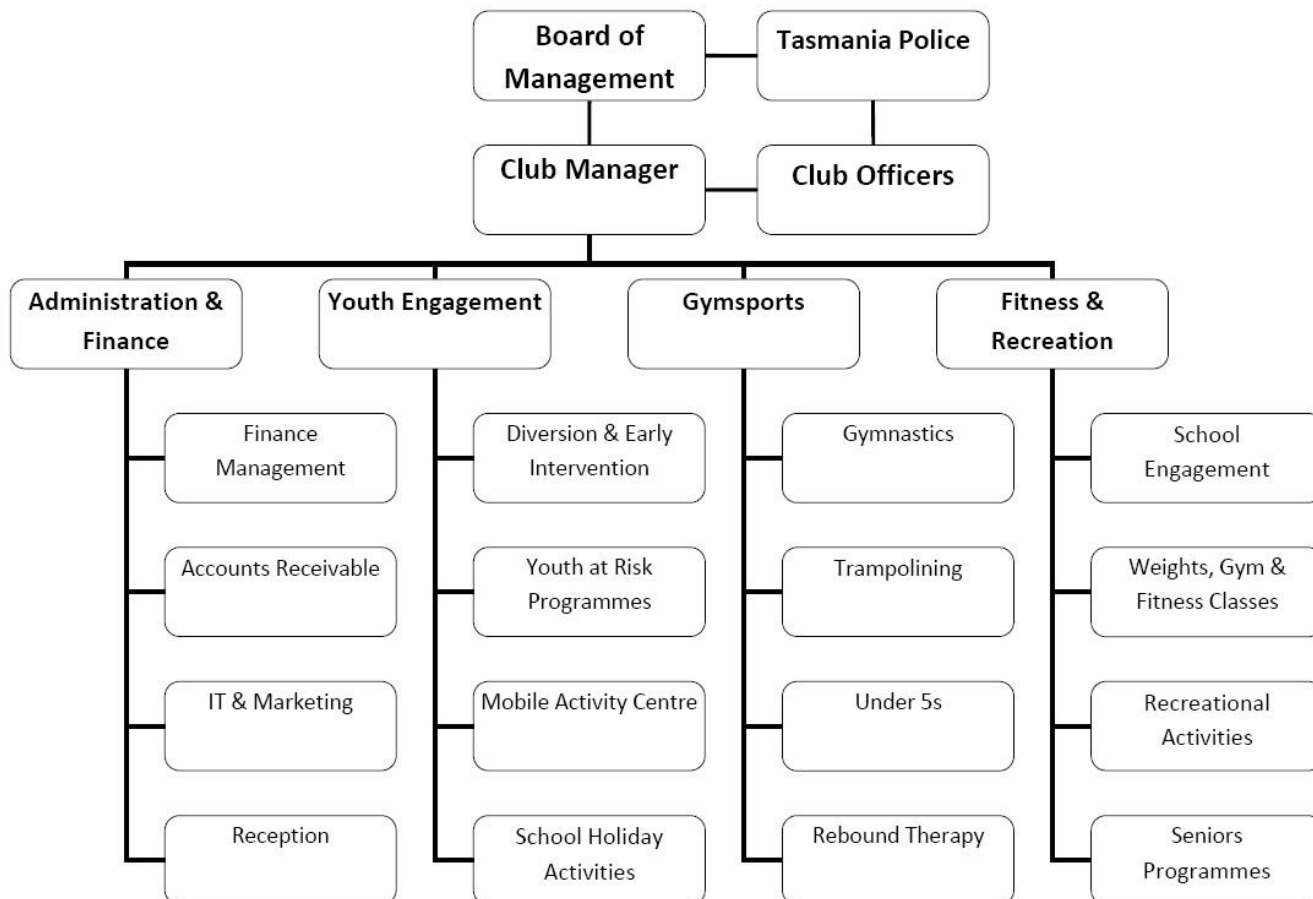
Mission

We offer diverse activities and programmes to activate young people and reduce young people's engagement with the justice system.

We work with young people, community groups and education to develop passion, skills and connections whilst creating a culture of success and empowerment.

We embrace diversity and engage with all sectors of our community to make positive and productive contribution to society.

Organisational Structure



Youth Engagement

Mobile Activity Centre (MAC)



The Mobile Activity Centre provides recreational outreach programmes for some of our most disadvantaged communities by offering opportunities for young people to learn to recreate with little or no equipment in locations around greater Launceston including Rocherlea, Mayfield, Ravenswood, George Town and Ashley Youth Detention Centre on a regular basis.

MAC provides free activities and works in partnership with many community organisations including Neighbourhood Houses, Youth Health and Schools.

MAC also attends a variety of communities and schools on request, including Longford, Punchbowl, Invermay, Perth, Youngtown and Evandale as well as festivals and community events across Northern Tasmania. On average, the Mobile Activity Centre visited 12 locations, engaging 759 people each month.

ASCENT - Achieve Strength, Courage, Empowerment, and Nurture Together.

In July 2017 PCYC began an empowerment and resilience program with young women from Queechy High School. The school identifies the participants through a variety of indicators that could lead to disengagement and risk taking behaviour.

The program embeds self-awareness, self-esteem building, and new understandings to build resilience and strengthen personal resolve through a variety of challenging recreational activities each week over an eight-week programme. ASCENT teaches young people how to support others and what to do if they need support themselves. During the year, 40 young women participated in the programme with long-term positive results being reported from the school including improved social connection, improved educational engagement and self-confidence.

A highlight of the programme is the opportunity for participants to challenge themselves through new experiences including rock climbing, high ropes, yoga, boxing and trampolining. At the end of each programme, participants are given a PCYC membership with money credited to their account to encourage ongoing participation at the Club.



Youth Engagement

BOOYAH



Project Booyah continued to reach out to at-risk youths chosen from a number of schools around the Launceston area. The programme targeted at higher-risk low level offenders and youths significantly at risk of disengaging from school. The first cohort involved eight young people, the second involving 10. Participants graduated with First Aid Certificates, White Card qualifications and real hope in their eyes for the future.

As well as adventure therapy, they were exposed to careers pathways with many now well underway in areas such as boiler-maker/welding, building and the Australian Defence Force. The highlight of the program was the two-day overnight mountain bike camp held at Weldborough.

Many Booyah participants remain in contact with Launceston PCYC and in particular our Club Officers. Due to public generosity, Launceston PCYC was gifted several bikes which enabled us to donate to past Booyah participant, Calvin Byners following a hit and run incident. Calvin sustained minor injuries but his only mode of transport, his bike, was destroyed.

Launceston PCYC and Constable Simpson were pleased to be able to offer Calvin one of the recently donated bikes.



Pictured: Calvin Byners and Constable David Simpson



Classes and Programmes

Gymsports

Launceston PCYC is proud to offer Gymnastics and Trampolining to Launceston's youth with over 300 Gymnastics and 200 Trampoline and Tumbling athletes engaging with the Club during the year. Gymnastics attended nine State Championships, taking out the Level 6 Beam Champion, Level 3 All Round State Champion and winning the Level 3 team event at every competition, in addition to three Gold medals at the Grand Prix Series and multiple 1st placements. Trampoline participated in 11 competitions including State Qualifiers, Interclubs and Club Championships. We had seven athletes representing the State at the Australian Gymnastics Championships, and secured a silver medal in the Team Gym event. In addition, we had over 40 children participating in the Under 5s programmes.

Olympic Weight Lifting

Launceston PCYC offers this competitive based alternative throughout the year. The team produced seven Gold, six Silver and one Bronze medallists at the state level, and a further Gold medal on the national competition platform during the year. Our young athletes featured well in our annual state based merit and achievement awards for their efforts during the year.

Taiko Drumming

Taiko Drumming has long been a part of Launceston PCYC catering for beginners through to performers. Performing under the name Taiko Oni Jima (Taiko Devil Island), the ensemble performed at a variety of locations across the state, including Festivale and the inaugural MOFO at Launceston. During the year, there were over 100 school-based Taiko classes, as well as community workshops.

Other Activities

Launceston PCYC offers a range of low cost activities for the entire community including Indoor Rock Climbing, Seniors Fitness, Tai Chi, Boxing, Krav Maga, Karate, Yoga, Dancing, Power Lifting and the Weights Gym. We would like to extend our gratitude to the selfless volunteers who make many of these programmes possible.

1326

members

80

people in
youth at risk
programmes

46 unique

classes

759 people

12 locations
per month with the

**Mobile
Activity
Centre**

697 members

under 18

34 different
schools

58 different
organisations

Thank you

Launceston PCYC is a not-for-profit organisation relying on the support and generosity of individuals, community and businesses. Without your help, we simply could not achieve what we do.

In particular, we would like to thank the following for their generous support.

Merridew Foundation

